

INTERNAL RULES

SAINT-CHARLES SWIMMING POOL

- 1- The opening and closing times of the Establishment as well as the prices are displayed at the Saint-Charles Pool checkout and on the dedicated website <https://sports.mairie.mc/>. They must be strictly observed.
- 2- The evacuation of the basin must take place thirty 30 minutes before the closing of the Establishment to the public.
- 3- The entrance to the swimming pool and the sports hall is payable on the basis of the prices fixed by deliberation of the Municipal Council. The sale of a ticket or subscription card (10 or 20 admissions or aquatic lessons) is firm and final and cannot give rise to any refund.
- 4- Children between the ages of 3 and 17 and adults over 60, employees of the Town Hall of Monaco, beneficiaries of Cercle A and people with disabilities benefit from a reduced rate.

Monegasques and Monegasque residents over the age of 60 benefit from free admission on presentation of their identity card or residence card.
- 5- The closing of the cash desk and the last access to the Establishment cease one hour before the closing of the latter.
- 6- It is mandatory to badge at the reception before the course. Access will be possible maximum 15 minutes before the start of it.
- 7- Any exit from the premises of the Establishment is considered final.
- 8- Access to the Establishment is prohibited for children under 12 unaccompanied by an adult. The child and the accompanying person must be able to provide an identity document or other document proving their age.
- 9- Children under the age of 12, while being subject to these regulations, are under the supervision and responsibility of their companion, failing which they will be refused entry to the establishment.
- 10- Access to the self-service gym is prohibited for people under the age of 16.
- 11- Access to the swimming pool by groups and to the aquatic courses are the subject of special provisions contained in an appended document.
- 12- The access of animals is strictly prohibited throughout the premises of the Establishment.
- 13- Access to changing rooms and beaches is prohibited to the visiting public.

- 14-**The Commune disclaims all liability for damage and theft that may be committed within the Establishment.
- 15-**Each swimmer is required to use the undressing cabins both on arrival and on departure. Cabin and locker doors must be locked for the duration of use and must remain open after use. It is forbidden to walk naked in the showers and locker rooms.
- 16-**A decent bathing outfit is required and a correct attitude is required. Anyone who does not meet these conditions may be excluded without being able to claim a refund.
- 17-**Wearing a bathing cap is mandatory. Only swimsuits and boxer shorts are allowed.
- 18-**Before accessing the beaches of the pool, bathers must use the showers and footbaths.
- 19-**Bags and personal effects must be placed in the locker rooms, no personal items will be allowed in the pool.
- 20-**Access to the swimming pool may be prohibited for people in a state of obvious uncleanliness or showing characteristic signs of contagious diseases or presenting an affection of the epidermis (unless presented with a certificate of no contraindication).
- 21-**The use of noisy devices or electrical devices is prohibited.
- 22-**The use of cameras or cameras must be the subject of a request for authorization from the Lifeguards.
- 23-**Users must imperatively respect the posted instructions and the recommendations made by the Lifeguards.
- 24-**Any incident or accident must be reported, without delay, to the Lifeguards.
- 25-**20- The authors of depredations to the installations will, independently of their immediate expulsion, be held personally responsible. The Commune reserves the right to take any legal action it deems necessary.
- 26-**People who do not have sufficient knowledge of swimming may be refused access to the large pool by the Lifeguards.
- 27-**Children who cannot swim must wear belts or armbands, their parents will respect the instructions given by the Lifeguards.
- 28-**It is strictly forbidden to dive in the small pool.

29- For security reasons, it is forbidden:

- To smoke within the premises of the Establishment,
 - To perform all kinds of apneas,
 - To run on the beaches,
 - To push oneself in the water,
 - To dive outside the areas reserved for this purpose,
 - To use glass containers or objects,
 - To use snorkels and scuba diving masks,
 - To use pads, flippers outside the water lines and the times provided for this purpose,
 - To play ball or any other game,
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- To use floating devices such as air mattresses or buoys for children.
 - To use personal hair dryers or any other electrical device,
 - To use the changing tables on the edge of the pool outside the activity of baby swimmers (changing tables are available in the changing rooms for this purpose).

30- For reasons of hygiene, it is forbidden:

- To enter the beaches dressed or shod,
- To leave rubbish on the beaches,
- To eat in the the locker room area and around the pool.

31- The educational material made available to the public must be put back in place after its use.

32- The staff of the Establishment is the only one authorized to give advice, courses or lessons on the forms of learning or any aquatic activities, as well as on the activities practiced in the sports hall.

33- The staff of the Establishment is empowered to enforce this regulation and its appendix.

34- Failure to comply with the provisions of these regulations and the injunctions of the staff authorized to enforce them will result in immediate expulsion from the Pool.

Monaco, le 12 février 2024

Le Chef du Service Municipal des Sports
et des Associations

- Annex 1 - Groups
- Annex 2 - Aquatic lessons
- Annex 3 - Sports hall

RULES CONCERNING GROUPS

ANNEX 1 **TO THE INTERNAL REGULATIONS OF THE SAINT-CHARLES POOL**

- 1- Supervised groups will be able to access the swimming pool provided that they comply with the general rules of procedure and this appendix.
- 2- The person in charge of the group must inform of his arrival at least 48 hours before and make himself known to the personnel of the Establishment upon his arrival.
- 3- The group is determined by a set of at least 10 bathers and at most 30, entering and leaving the Establishment together and supervised at the rate of one monitor or supervisor for 8 people over the age of 5 and one monitor or supervisor for 3 people under 5 years old.
- 4- A preferential rate is granted to the group thus defined, with free admission for one instructor per 10 people.
- 5- Groups may only be admitted to the Establishment in accordance with the general attendance schedule for periods limited to one and a half hours.
- 6- Groups do not have access to the gym.
- 7- Throughout the duration of access to the Establishment, the supervisors or monitors must ensure the supervision of their staff and enforce the general rules of procedure.
- 8- The instructors or supervisors must enforce any observations made by the Lifeguards who may prohibit without appeal any practice that does not comply with good practice.

Monaco, le 15 mai 2023

Le Chef du Service Municipal des Sports
et des Associations

REGULATIONS CONCERNING AQUATIC LESSONS

ANNEX 2 **TO THE INTERNAL REGULATIONS OF THE SAINT-CHARLES POOL**

- 1- Aquatic lessons (aquagym, aquarelay, aquabike, ATF, etc.) are supervised by Lifeguards.
- 2- Two formulas are possible for purchase: single ticket or card of 10 lessons.
- 3- Lessons are only accessible after booking on the website www.sports.mairie.mc or via the automaton located at the reception of the swimming pool with a possibility of booking a maximum of 3 lessons and visibility over 15 rolling days.
- 4- Lessons are limited to a maximum of 30 people, except for certain specific lessons for 16 people with reservation.
- 5- A medical certificate is mandatory from the first session of aquatic lessons.
- 6- Access to the courses is forbidden to people under 16 years old.
- 7- Registration for swimming lessons (child, adult, aquaphobia) is made with the cashiers of the pool after the agreement of the Lifeguard, prior to booking the lessons.
- 8- For the baby swimming activity, children must be provided with appropriate and special nappies for this activity.
- 9- It is mandatory to badge at the reception before the lesson. Access will be possible maximum 15 minutes before the start of it.
- 10- All reservations not canceled at least 4 hours before the start of the course will be automatically debited and cannot give rise to any refund.
- 11- The educational material must be put back in place after use.

Monaco, le 15 mai 2023

Le Chef du Service Municipal des Sports
et des Associations

RULES CONCERNING THE GYM

ANNEX 3 **TO THE INTERNAL REGULATIONS OF THE SAINT-CHARLES POOL**

1. Entrance to the sports hall is chargeable according to the rates fixed by deliberation of the Municipal Council, any exit is firm and final and cannot give rise to any refund.
2. The purchase of a ticket or card 10 at the sports hall allows access to the pool. A reduced rate may be applied for adults over 60, City Hall employees and Circle A beneficiaries benefit from a reduced rate. Monegasques and Monegasque residents over the age of 60 benefit from free admission on presentation of their identity card or residence card.
3. Lessons are only accessible after booking on the website www.sports.mairie.mc or via the automaton located at the reception of the swimming pool with the possibility of booking a maximum of 3 lessons and visibility over 15 rolling days.
4. The closing of the cash desk and the last access to the room cease one hour before the closing of the Establishment. The evacuation of the room is 30 minutes before the closing of the establishment.
5. It is mandatory to badge at the reception in order to access the room.
6. Access to the gym is forbidden to people under 16 years old.
7. Animal access is strictly prohibited throughout the premises of the Establishment.
8. Access to the changing rooms and the room is prohibited to the visiting public.
9. Bags and personal effects must be placed in the locker rooms; no personal items will be allowed in the room.
10. Dressing and undressing operations must be carried out in the changing rooms.
11. The Commune disclaims all liability for damage and theft that may be committed within the Establishment. Access to the gym is only authorized for people in decent dress, appropriate for indoor sports practice or the use of equipment. This criterion is subject to the assessment of the personnel of the Establishment.
12. Any user whose behavior disturbs the smooth running of the sessions and the tranquility of other users may be excluded from the installation and without any refund.

13. It is prohibited:

- Smoking, vaping;
- To use noisy devices, sound devices, cameras or video cameras causing inconvenience to others;
- To call ;
- To bring, sell or consume alcoholic beverages;
- To leave paper, packaging and various rubbish on the ground. Glass bottles and flasks are prohibited;
- To train shirtless or barefoot;

14. Every device must be wiped after each use by its user with a towel or the wipes made available in such a way as to allow normal use by the next user.

15. The use of the devices must be done alternately with other users and during busy periods, the use of cardio-training devices may be limited to 30 minutes.

16. Tell the cashier about any problem with a workout machine.

17. Borrowing equipment outside the room is strictly prohibited.

18. Dirt, deterioration and degradation are the responsibility of their author who will be obliged to pay the amount of their restoration.

19. All indoor activities or the use of weight or cardio equipment may involve risks. The use of the devices is carried out under the exclusive responsibility of the practitioner.

20. The Municipality declines all responsibility in the event of bodily injury or material damage resulting from improper use of the facilities and equipment, non-compliance with safety rules, training plans or overestimation by the use of his physical condition.

21. Nor can the Municipality be held responsible in the event of loss or theft of personal effects.

22. The staff of the Establishment is empowered to enforce these rules and its appendix, so any breach of any of these rules may result in temporary or permanent exclusion from the Establishment.

Monaco, le 15 mai 2023

Le Chef du Service Municipal des Sports
et des Associations